

# Pohlenation



**Summer  
2009**

## **XMAS MESSAGE**

It has been a hard year but it's been a good year. We managed to make a small operating surplus before donations, but more importantly we improved the lives or assisted with the recuperation of a lot of our community! (Details in "On the Ward" below)



The Minister of Health has advised that "*This year is as good as it gets*" and that "*there is unlikely to be any new money for health for some time to come*". This means that next year we are likely to struggle to get any new contracts or increases in revenue, but will probably see some price increases in the products and services we use. However, if you perform the way you did this year, we will be able to achieve break-even again and provide the excellent quality of care you are all renowned for.

I would like to thank you all on behalf of the Board, Barbara and myself not just for all your hard work, but for the fun and laughter you provide for our patients and your caring manner when dealing with their needs. Well done, keep it up!

I wish you, your families and whanau a safe and happy Holiday season.

## **Construction**

This has been a busy year for us building wise. We spent nearly \$98,000 doing some long awaited repairs and maintenance and this excludes the new flooring in the corridors and reception.

We were able to complete the ceiling track and hoist project, the Patio to sunroom project and build an office for Barbara, thanks to the magnificent support of the Pohlen Foundation and the wonderful Matamata Community.

In addition we are close to finishing the Rehabilitation and Exercise area on the



front lawns and have started on the conversion of the Theatre into an endoscopy suite and 4 bed observation ward.



## **Patient Volumes**

This year (Oct 08 to Sep 09) we helped

- 221 GP patients (823 bed days)
- 25 Transitional Care patients (344 bed days)
- 26 Hospital level aged care patients (4,634 bed days)
- 19 palliative patients (207 bed days)
- 4 Rest home patients (64 bed days)
- 3 Convalescent care patients
- 112 mums birthed here and a total of 198 received post natal care

We performed 78 Endoscopy operations

## **Anton**

### **Barbara on the Ward**

Happy Christmas to everyone. How happy all our Residents and staff are at having hot summer days again to utilise the conservatory and receive the precious Vitamin D's. This has proven really helpful for those Resident's affected by Dementia.

We at Pohlen Hospital have just received our first training session to the delightful concept of 'The Eden Alternative'. Their ideals are to eliminate the 3 plagues of loneliness, helplessness and boredom which seem to account for the bulk of suffering among on elders. To assist with these plagues the Eden Alternative offers help by:

1. Honouring and respecting all residents
2. Nurturing the human spirit as well as the human body
3. Creating close and continuing care which is contact between elders and elements of the environment (plants, animals and people)
4. Open hearts, open minds – in order to open a persons mind, the heart is opened first

We hope with these new techniques we can offer a higher and more loving quality of care.

Thank you for all your efforts over the year. Have a great festive season.

**Barbara**

### Craft Activities



Jannette has been very busy with the residents over the last few months ensuring the residents have a lot of fun.

### Loud Shirt Day

Thanks to all staff who participated. We were able to raise money for the deaf.



### Residents Xmas Party

This was held on Saturday 12<sup>th</sup> December. It was well attended by resident families. A great day was had by all and the Summer Santa was a hit. Thanks to the kitchen for the wonderful food and the staff who came in for the day.



### Welcome to Lily



Lily is our new resident cat and will be seen walking around the ward and making friends.

### POHLEN FOUNDATION TRUST

What a busy year it has been. The last few months have seen projects come to fruition, events held, and pleasant times had with different sectors of the community.

When passing the Hospital entrance you will have noticed the outdoor exercise equipment. Installation is nearly complete and we envisage this being ready for use in the New Year. It will be free of charge and available to any adult who wishes to pursue a gentle exercise regime or who is rehabilitating. The Hospital will be employing a co-ordinator for a fixed term to ensure the equipment is promoted, used safely and used efficiently. Do come and have a look!

The Masonic Lodge here in Matamata have been instrumental securing a philanthropic donation from the Northern Masonic Trust. Together with Grey Power they fund raised earlier in the year to great effect with their Super Garage Sale. It was nice to have these three groups visit recently for a luncheon so their presentation could be made. This funding will assist with the Theatre Conversion. Also assisting this project was a very generous grant received from Transpower Community Care.



Two recent Foundation events also assisted with the funds required for the Theatre conversion project. These were the Tom Scott event. Thank you to our main sponsor Matamata Veterinary Services. The Annual Hospital Bed Races were loads of fun as usual. Thank you to our main Sponsor Matamata New World.

**Merry Christmas to you all**  
**Judith Challis**  
**Foundation Secretary**

### STAFF EVENTS

#### Bed Races

Once again we lost but isn't participating better than winning (whatever!!). At least we are consistent and we had a lot of fun.

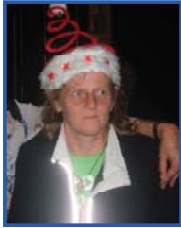


## Xmas party



As you can see we can have a good time!!! The bus trip was great, the venue was great, the food was great, the music was great –

a good time had by all. Thanks to all those that attended and thanks for the shout Anton!



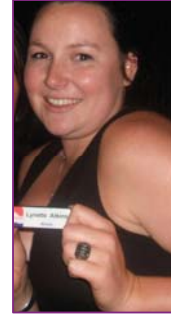
## Xmas float

This was held on 5<sup>th</sup> December. Thanks to all the staff that turned up on time (even though they were hungover!!) and helped decorate the float. We are getting more creative each year. Cheers to those who stayed and cleaned up – much appreciated.



## New Locum Midwife

Congratulations to Lynette for passing her exams. She is now our new locum midwife. She found out her results on the 4<sup>th</sup> December and celebrated at the Xmas function. Well done and welcome to the team.



## Business House Soccer

This is continuing after Christmas. Zayne will put a notice up in staffroom with recommencement dates.



## ACE

Just a few things to note:

- The three old ACE programmes are to be completed, marked and mediated by the end of October 2010.
- The new ACE Core and ACE Advanced programmes have commenced and a number of staff are working on them – well done.
- Jannette will hold some more ACE meetings in late January – watch the noticeboard.
- If you have any queries regarding these programmes or if you just want a hand to keep moving please see Jannette.

## Christmas Pay

The next pay run will be done on **Tuesday 29<sup>th</sup> December** and will be in your bank account that night. Please check your AP's. The following run will be on Monday 11<sup>th</sup> January as normal.

**Merry Christmas everyone**

**Suellen and Jannette**

