

WELCOME TO MEALS ON WHEELS

If you live within the Matamata boundary you can receive Meals on Wheels.

Meals are delivered **HOT** Monday to Friday (including Public Holidays).

Frozen meals are available for the weekend on request.

Please contact Mary-Anne on 881 9100 ext 2 to organise your deliveries.



MEALS

A meal consists of a hot main dish with seasonal vegetables and an optional delicious dessert.

EXAMPLE OF WEEKLY MENU

Monday

Braised Sausages and Gravy
New Potatoes
Broccoli and Butter Beans
Apricot Shortcake and Custard

Tuesday

Meatballs
Mashed Parsley Potato
Spinach and Leeks
Bread and Butter Pudding

Wednesday

Roast Lamb and Gravy
Mashed Potato, Roast Kumera, Pumpkin,
Peas
Cheesecake, Fruit

Thursday

Chicken Casserole
Potato croquette
Carrots, Cabbage
Harlequin Pudding

Friday

Crumbed Fish
Sautéed Potatoes
Peas, Coleslaw
Chocolate sponge and sauce

CANCELLING MEALS

If you no longer require meals, you must notify Pohlen Hospital on 8819100 ext 2.

If you wish to stop a meal for a particular day only, you will need to ring before 10.00am on the day or you will be charged for the meal.

CHARGES

Main meal

\$7.75

Main meal plus Dessert

\$9.50

PAYMENT

Invoices are sent out weekly.

FOOD SAFETY

Pohlen Hospital Food Services has taken the utmost care to provide you with a nutritious, safe and hygienically prepared meal.

To maintain the quality of the meal we recommend that it is eaten straight away.

If you are not going to be home at delivery time, you will need to provide us with instructions to leave the meal in a place which will preserve the safety of the food, eg small chilly bin.



MEALS ON WHEELS

